



LAKE OF THE WOODS

CAMP FOR GIRLS

BE YOUR BEST SELF



THE PREMIER SLEEPAWAY CAMP

IN THE MIDWEST
LAKE OF THE WOODS CAMP
2, 4 & 8 week experiences

Since 1935, Lake of the Woods Camp for Girls has been more than just a camp; we are an intentional community focused on guiding and empowering each girl to be her best self.

Lake of the Woods offers girls ages 6-15 the opportunity to expand their friendship circles to different regions of the country and around the world.



ONLY 2 HOURS FROM CHICAGO
ON LAKE OF THE WOODS IN
DECATUR, MI

CAMPERS ATTEND FROM OVER 20
STATES IN THE USA AND OVER 15
COUNTRIES AROUND THE WORLD!

OPTIMISM

• INDEPENDENCE •

CITIZENSHIP

A NOTE FROM

THE DIRECTOR

Lake of the Woods, or “LWC” as our campers say, has been my home away from home since I was 10 years old. I have spent my summers as a camper, counselor, and now a Director of our camp. Since 1935, Lake of the Woods has helped girls discover new passions, learn valuable life skills and prepare them to be successful in life. My summers at LWC have helped me become who I am today. I look forward to helping your daughter on her journey to become her best self!

Dana



DANA KITE - DIRECTOR



DAYNA HARDIN - DIRECTOR EMERITUS



MORE THAN CAMP

CHARACTER EDUCATION

Girls today need camp more than ever. Camp provides relief from pressures often encountered throughout the school year, as well as a break from social media and screen time.

At Lake of the Woods, girls are encouraged to take *healthy risks* and form *authentic relationships* with peers and counselors. More than just fun and friendships, we teach campers skills for life, including *resilience*, *creativity*, *teamwork*, *independence*, *optimism* and *citizenship*. These are some of the critical skills needed to empower girls to become healthy, productive and competent individuals.

CREATIVITY

•

TEAMWORK

•

FRIENDSHIP

•

RESILIENCE



— BUILD YOUR OWN — EXPERIENCE

No two girls are the same, so why should their summer be?

With over 50 activities to choose from, girls customize their own program based on their interests.

We have an A and B day schedule, allowing our girls to develop skills in 6-10 different activities of their choice. Campers may select one activity to specialize in and take daily at camp. We encourage campers to try new things and use this experience as a way to explore their interests. We guarantee each camper gets all of the activities she selects.

We offer top quality instruction at all skill levels, from beginner to advanced.

TIME	ACTIVITY
7:30	OPTIONAL EARLY RISER PROGRAM
8:00	WAKE-UP
8:30	BREAKFAST
9:00	CABIN CLEAN-UP
10:00	CABIN ACTIVITY #1 (2 weekers) ELECTIVE ACTIVITY (4 & 8 weekers)
11:05	CABIN ACTIVITY #2 (2 weekers) ELECTIVE ACTIVITY (4 & 8 weekers)
12:30	LUNCH
1:15	REST HOUR
2:15	ELECTIVE ACTIVITY
3:15	ELECTIVE ACTIVITY
4:15	ELECTIVE ACTIVITY
5:30	FREE TIME
6:15	DINNER
7:15	EVENING PROGRAM





The perfect blend of traditional and innovative offerings for today's campers

— CHOOSE YOUR — ACTIVITIES

WATERFRONT

Kneeboarding • Paddle Boarding
Sailing • Canoeing • Fishing
Wakeboarding • Waterskiing
Windsurfing • Swimming
Jr. Lifesaving • Tubing

TEAM SPORTS

GaGa • Basketball • Flag Football
Soccer • Softball • Volleyball
Lacrosse • Trampball

CREATIVE ARTS

Digital Photography • Fine Arts
Jewelry • Ceramics • Newspaper
Arts & Crafts • Fashion Design
Media (animation, web design)
Culinary Arts/Cooking
Set Design • Painting

PERFORMING ARTS

Hip Hop Dance • Cheerleading
Acting/Improvisation • Ballet
Drama • Jazz Dance

MUSIC

Vocal Coaching • Keyboarding
Beat Production • Guitar
Songwriting & Recording

LAND & INDIVIDUAL SPORTS

Archery • Golf • Tennis
Cross Country Running
Gymnastics • Riflery

OUTDOOR & ADVENTURE

English & Western Horseback
Riding • Animal Care
Climbing & High Ropes
Outdoor Living Skills

HEALTH & WELLNESS

Community Service • Yoga
Mindfulness • Personal Fitness
(includes Circuit training, Core
workouts, Spin classes)



PRIVATE LESSONS

Campers can elect to do private lessons once or twice a week with one of our specialists or coaches.



TUTORING

We offer tutoring in most school subjects and Hebrew tutoring for Bar/Bat Mitzvah, at no charge.



= THE HEART OF YOUR = EXPERIENCE

*Life skills learned and friendships
made that last a lifetime...*

Our campers often refer to Lake of the Woods as their home away from home. We intentionally cultivate this feeling by helping each girl foster genuine friendships, make meaningful connections, and leave feeling part of something bigger than herself.

We teach girls to respect one another, celebrate differences and use our camp values to guide them on how to be their best self.

Grouped by age, campers live with 3 to 4 counselors in modern cabins with bathrooms, showers and electricity.

2 WEEK CAMPUS

- For girls 6 – 15 years old
- 12-14 girls per cabin
- 1:3 staff to camper ratio
- 175 girls each session

4 AND 8 WEEK CAMPUS

- For girls 7-15 years old
- 12-16 girls per cabin
- 1:3 staff to camper ratio
- 210 girls each session

Our separate 2 week campus, The Glen at Lake of the Woods, ensures that all campers have a distinct start, middle and end to their camp experience. This unique distinction makes us different from many other 2 week programs.

= MORE THAN A CAMP COUNSELOR = ROLE MODELS

Camp is only as good as its people. We select only the finest counselors to care for our campers. Our mature and dynamic staff is chosen from students, graduates and teachers from all over the world.

We seek out charismatic, capable and compassionate individuals to ensure the physical and emotional well-being of our campers. Each counselor is committed to making a positive impact on each camper.



1 : 3 STAFF TO CAMPER RATIO

EVENING PROGRAMS, SPECIAL EVENTS & TRIPS

A different program is planned every evening. Some favorites include:

- Capture the Flag
- Dancing with the Staff
- Tubing
- Decades Night
- Photo Scavenger Hunt

Each week, a special event is planned including these camper favorites:

- Olympic Days
- Carnival Day
- International Day
- Open Activities Day
- Color Days

We take out of camp trips too! Some of our favorite destinations include:

- Ice Skating
- Bowling
- Warren Sand Dunes
- Binder Park Zoo
- Overnight Camping Trips



SUPERB FACILITIES

Our 80 acres of grounds include:

- Extensive lake frontage
- Regulation size horseback riding arenas
- State of the art music & recording studio
- 2 culinary art studios
- 50 foot climbing tower with zip line, high ropes and traverse wall
- Regulation size athletic fields
- Heated swimming pool
- 8 tennis courts
- Fitness center
- Indoor recreation lodges
- Driving range
- Modern spacious cabins with bathrooms, showers and electricity



DELICIOUS FOOD

Our chefs work to provide campers tasty and well-balanced meals. Even picky eaters will find something they like! Campers can also choose from our fresh salad bar, pasta bar or sandwich station.

SAMPLE MENU CHOICES

Breakfast

- Pancakes
- Eggs
- Bagels & Cream Cheese
- Greek Yogurt
- Fresh Berries

Lunch

- Grilled Cheese
- Chicken Fingers
- Hot Dogs
- Chicken Caesar Salad
- Mac & Cheese

Dinner

- BBQ Chicken
- Friday Night Pizza
- Quesadillas
- Baked Chicken
- Spaghetti & Meatballs

PEANUT & TREE NUT FREE - GLUTEN FREE OPTIONS

PASTA BAR AND SALAD BAR EVERY NIGHT!



HEALTH & SAFETY

The safety and well-being of our campers are always our top priority. Our fully-equipped, air-conditioned health center is staffed with 9 nurses who are available 24 hours a day! A pediatrician is always on call and we are located 15 minutes from 2 local hospitals.



GREENWOODS CAMP FOR BOYS

Greenwoods, our brother camp, offers 2, 4 and 8 week experiences for boys ages 6-15. Greenwoods campers enjoy unique traditions and programs that run separately from our girls' camp. Greenwoods has the camaraderie and comfort of an all boys' camp, but with the added bonus of opportunities for pressure-free co-ed interaction. Camp BBQs, special events and a few co-ed evening activities add to the fun. Lake of the Woods and Greenwoods is the perfect place for siblings to spend their summers!



RAVING FANS

"Just wanted you to know what an amazing summer Lauren had at LWC. It truly is her happy place. She was excited to share everything with us including her cabin, achievements in skiing and riflery, etc. I cannot thank you enough for taking care of her and showing her another side of life. Please know you are running a wonderful camp and giving girls an experience of a lifetime." **Lisa – Los Angeles, California**

"Annie returned from camp today and I am blown away! She told me camp is magical because there is no drama, the counselors make you feel loved and you really have a home away from home. I could not have hoped for more. You all exceeded our every expectation. In Annie's words, 'I cried at the opening campfire because I missed you and I cried at the closing because I did not want to leave.' A million thank yous!" **Ellen – Chicago, Illinois**

"As we leave the grounds from picking up Kate, I am truly amazed at how much my daughter has done in the last two weeks. Although Kate is an extremely outgoing and independent 6 year old, I was a bit nervous to have her away from home for two weeks. After seeing the true love and care she has received from ALL the staff, I will never again hesitate to send her to camp with you." **Rebecca – Brooklyn, New York**





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