

Lake of the Woods & Greenwoods Camps



COVID-19 Safety & Response Plan

Date Updated
April 5th 2021
Version 5

Lake of the Woods & Greenwoods Camp COVID-19 Safety Plan

Safety always has been and always will be paramount to us. For the continued protection of our campers, staff, and the local community, we have prepared a specific COVID-19 Safety & Response Plan.

This plan is a living document that will evolve as we continue to evaluate best-practices and adapt as we receive any new information and guidance.

While we are taking abundant measures to mitigate risk, nothing is ever completely free of risk. These plans are intended to equip each family with the information needed to make their own decision. We are completely aware that some families may be hesitant about camp this summer.

Our COVID-19 Safety Plan is organized into the following categories:

1. COMMUNICATION
2. PRE-ARRIVAL & ON-SITE SCREENING & TESTING
3. TRAINING & EDUCATION
4. ON-SITE MONITORING & PROTOCOLS
5. CLEANING & SANITIZATION ENHANCEMENTS
6. TRANSPORTATION
7. CAMPER EXPERIENCE
8. RESOURCES FOR FAMILIES

Communication

We know it is critical to keep you updated on what we are implementing this summer in regards to COVID-19. We want you to understand and feel confident in the steps we are taking to minimize risk.

Based on what we have learned about COVID-19 and the strategies we implemented last summer, we will operate as a “castle with a bridge.” Our campers & staff will arrive at the castle and the bridge will be lowered and raised when safe and necessary..

While we will take every measure possible to minimize risk, we must all enter our “castle” under the assumption that at some point there may be suspected and/or confirmed cases of COVID-19. This known risk does not derail our confidence in our ability to keep our campers and staff safe.

Some terms we will be using this summer include:

Pod - Your pod is your camp “family”. It includes your cabin group and depending on the size of a cabin group, a pod may consist of more than one cabin. Just like at home, when you are with your family, you will not need to physically distance or wear a mask.

When campers interact with other pods, they will need to wear a mask when physical distancing is not possible. It is very easy to maintain physical distance when we are outdoors.

Physical Distancing - We will still be extremely social at camp while maintaining physical distance when necessary (6 feet apart).

Pre-Arrival & On-Site Screening & Testing

HEALTH HISTORY

Parents are required to submit Health History information for each camper online through CampInTouch. If your camper or anyone in your immediate family has health concerns or medical conditions that may cause COVID-19 complications, you must seek medical advice from your doctor(s).

PHYSICIANS EXAMINATION FORM

We will accept physicals completed within 12 months of camper arrival. All physicals must be submitted to camp no later than June 1st.

HEALTH SCREENING BEFORE CAMP

Families will complete a Pre-Camp Health Survey. This survey will ask about possible COVID-19 symptoms and exposure. We will email this form to families with more instructions before your child's arrival.

PRE-ARRIVAL TESTING

COVID-19 testing is mandatory for ALL campers and staff. We are using [Vault](#) for our saliva-based RT-PCR test kits. **Approximately 14 days prior to camp, each family will receive instructions with a specific timeline for how and when to order the saliva-based RT-PCR test kit that will be administered via Telemedicine.** The test will include a shipping label for the test to be overnighted back to the lab. Families will receive test results via email (within 48 hours).

PRE-CAMP COMPLIANCE

A healthy summer begins at home! We ask that you are very thoughtful about your child's exposures in the 10-day period before camp, limiting your child to only "safe" and essential activities. Please plan to avoid "high risk" activities such as sleepovers, playdates, family trips, weddings, or other group gatherings. More specific information outlining pre-camp compliance will be shared in May.

STAFF TESTING

Staff will be required to take a test prior to arrival and must arrive at camp 14 days before campers for "Quorientation". Staff will be required to take 2 additional PCR tests and 2 additional Rapid tests onsite.

Training & Education

CAMPER ORIENTATION

We will be hosting camper webinars in the weeks leading up to camp, to help our campers prepare for the summer.

Opening day at camp always includes a welcome meeting with the directors to introduce campers to key staff, general camp rules, and important operational guidelines. This summer, the following items will also be communicated:

- What camp is doing to protect everyone from getting sick
- Ground rules for operating in smaller groups
- Hand washing protocols
- Physical distancing guidelines and policies for when masks will be necessary
- Dining Hall procedures
- What symptoms to look out for and when to report them to a nurse

On-Site Monitoring & Protocols

ON-SITE SCREENING & TESTING

Upon arrival, temperatures will be taken and campers will be administered a rapid antigen and a saliva-based PCR Covid-19 test. Campers with a temperature of 100.4° or a positive Covid-19 test will need to return home.

All campers and staff will take a second test 4-5 days after their arrival at camp. This test is a saliva-based PCR test. Families will be charged a COVID testing and admin fee. This fee will be added to your account.

COVID Testing and Admin Fees (does not include pre-arrival test):

\$200 - for each 2 & 4-week camper

\$250 - for each 8-week camper

Camp will also provide optional testing at the end of the session for any family who would like their child tested again prior to returning home. Camp will invoice the family for this test.

Health Center Protocols

Outside the main health center, there will be an open-air tented triage area. Anyone requiring medical care will check-in at the triage area first, where initial screening and temperature checks will take place. Based on symptoms/needs they will be directed where to go, outlined below:

AFTER TRIAGE ASSESSMENT

- All First Aid & Basic Care cases (no fever and/or communicable symptoms) will be directed to the front porch of the health center to be treated by one of our camp nurses.
- Anyone presenting with a fever of 100.4 or greater but no other COVID-19 Associated Symptoms will hydrate and continue to be monitored by our nurses in the triage area. If fever persists after hydration, the patient will be admitted to the health center where they will remain until fever-free for 24 hours without medication at which time they can return to activities.
- Anyone presenting with fever of 100.4 or greater AND exhibiting one or more additional COVID-19 symptoms will get a rapid (shallow nasal swab) COVID-19 test in a separate isolated COVID-19 testing tent. We will notify parents if their child is tested for COVID-19.
- Anyone presenting two or more COVID-19 associated symptoms without a fever will be further assessed by a nurse and camp doctor to determine the next steps (strep test, COVID-19 rapid test, etc.)

On-Site Monitoring & Protocols Cont.

Symptoms that could indicate a COVID-19 infection include fever or chills, cough, shortness of breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

In the event that a camper tests positive, he/she will be immediately isolated from other campers, monitored closely, and treated as necessary. Upon identifying a positive case, the camper's parent(s)/guardian(s) will be notified and asked to make plans to have someone pick up their child from camp within 24 hours. This policy is required by the Van Buren & Cass County Health Department and the State of Michigan. There will be no exceptions to this, so please take that into consideration in making your plans.

If there is a confirmed positive case of COVID-19, we will notify all families by email while maintaining confidentiality in accordance with HIPPA standards. We are not able to share any names or identifying information regarding medical information for any person.

Parents of the campers in the cabin where a positive case is identified will be updated on their own child's health, along with how the situation is being monitored and managed.

We are required to notify state and local health officials of any confirmed positive test.

Cleaning & Sanitization Enhancements

- A designated team of six housekeepers will wear PPE and disinfect all cabins, bathrooms, and public areas daily.
- Kitchen & Dining Hall will be cleaned & disinfected after each meal.
- A daily electrostatic spray of ALL areas in camp with EPA hospital-grade disinfectant.
- Hand sanitizer stations will be placed all around camp.
- Equipment will be cleaned and disinfected regularly.
- Hand washing will be enforced throughout the day and handwashing stations will be added around camp.

Transportation

All campers will receive their cabin assignments prior to arrival at camp. Campers will also receive an email with information about their “pod.” Depending on their cabin size, their pod will include other campers the same age or around the same age who they will do daily activities with. Buses to camp or drop-off times at camp will be assigned by pods. More information about transportation schedules for opening day will be communicated with families 2-3 weeks before their session starts. All luggage for campers coming from the Chicago area must be dropped off at one of our Chicagoland luggage drops before camp. Specifics about the luggage date and times can be found in your Family Handbook.

BUS TRAVEL TO CAMP

We will change our check-in procedures to be completed in the comfort and safety of your car. All staff interacting with vehicles will wear a mask. To keep our group sizes small, we will be staggering our bus and car arrival times on the first day of camp. We ask that you adhere to the bus check-in time you are assigned.

- Parents must take their camper's temperature before leaving the house for the bus.
- Parents and campers must remain in their car until it is time to board.
- ALL Campers must bring their own masks and hand sanitizer on the bus. Masks will be required on the bus ride.
- Campers can pack a (**nut-free**) snack, and drink for the bus ride.
- Do not send your camper to camp if they have a temperature of 100.4° or greater.
- Temperatures will be taken before parents may depart. Campers with a temperature of 100.4° or higher will need to return home.
- Bus drivers will be required to wear masks & gloves
- The buses will be sanitized before camp use.
- All buses will have a hand sanitizer dispenser on the door.
- We will limit bus capacity and leave the first two rows empty.

Transportation

CAR TRAVEL TO CAMP

For safety reasons, parents will be asked to remain in their cars while on camp. Families will be greeted by a staff member at their car during assigned drop-off time at camp.

- Families must take their child's temperature before getting in the car. Do not send your camper if he/she has a temperature of over 100.4
- Upon arrival at camp, we will take campers' temperatures in the car. Any camper with a temperature of 100.4 or greater will not be permitted to enter camp.
- Parents will be directed to a camper drop-off area for goodbye hugs. Staff will then help campers to their cabin.

AIR TRAVEL TO CAMP

We will send you preferred flights from your departure city based on what works best for camp staff to greet your child on arrival day. All domestic air travelers must ship their luggage to camp in advance.

Camper Experience

Campers,

We know so much has changed for you in the past year. While many familiar comforts such as learning, celebrating milestones, and plans with friends changed, we have learned more about ourselves, our families, our friends, and our world. This time we have been on “pause” has helped all of us to see things from a different lens and to appreciate what we do have.

It's hard to hear that camp will not look the same as we hoped or expected, but our goal is to make it FEEL the same. You will make friends. You will grow in independence and resilience. You will be a part of an unforgettable summer! Here is some information to help you understand what camp will be like this year. A few weeks before camp, we will be scheduling Zoom calls with campers to help explain how things will operate.

Some terms we will be using this summer include:

Pod - Your pod is your camp “family”. It includes your cabin group and depending on the size of a cabin group, a pod may consist of more than one cabin. Just like at home, when you are with your family, you will not need to physically distance or wear a mask.

When campers interact with other pods, they will need to wear a mask when physical distancing is not possible. It is very easy to maintain physical distance when we are outdoors.

Physical Distancing - We will still be extremely social at camp while maintaining physical distance when necessary (6 feet apart).

Starting on arrival day, campers will operate in a smaller pod. Interactions with campers in another pod are allowed in outdoor spaces and with physical distancing measures in place. For example, right now your family might go to the neighbor's backyard and hang out 6 feet apart. Camp pods will have activities scheduled together. Outdoor programs can be done with friends outside your pod while wearing a mask.

Campers are not allowed to go inside other cabins, but can visit friends and siblings outdoors while wearing a mask.

Camper Experience Cont.

A TYPICAL DAY AT CAMP

Campers will attend activities with their cabin group and pod. We will be holding four activities per day, with additional time for private lessons and sports league play.

General Counselors will travel with their cabin throughout the day, while Activity Specialists will provide instruction and skill progression to each camper, whether a beginner or advanced level.

DAILY SCHEDULE

| | |
|-------------------|---------------------|
| 8:15 am | Wake up |
| 8:30 am | Breakfast |
| 9:35 am | Flag Raising |
| 9:45 - 10:45 am | 1st Activity Period |
| 11:00 - 12:00 pm | 2nd Activity Period |
| 12:30 pm | Lunch |
| 1:00 pm - 2:15 pm | Rest Hour & Canteen |
| 2:30 - 3:30 pm | 3rd Activity Period |
| 4:00 - 5:00 pm | 4th Activity Period |
| 5:15 - 6:15 pm | Free Time |
| 6:15 pm | Dinner |
| 7:15 pm | Evening Program |

*4 & 8-week campers entering 9th & 10th grade have a later wake up (8:45 am) & breakfast (9:00 am)

We have allowed additional time between activity periods for campers to return to their cabin to wash hands, change clothes, use the bathroom, and regroup. Activity area staff will be sanitizing equipment between each activity period.

ACTIVITY SCHEDULING

Camp activities will be divided into approximately 18 zones. Pods will travel to activity “zones” together throughout the day. During the activity period, campers will have the option to focus the entire one-hour period in one activity or move to multiple activities within the zone. The waterfront will be a part of every camper’s day.

Camper Experience Cont.

Examples of zones may include:

Zone 1: Waterskiing/Tubing/Sailing/Canoeing

Zone 2: Outdoor Living Skills/Animal Care/Fishing/Tennis

Zone 3: Climbing/Music and Recording/Guitar/Songwriting/Cooking

Zone 4: Arts & Crafts/Jewelry/Ceramics/Painting/Model Rocketry

Zone 5: Basketball/Archery/Gaga

Zone 6: Swimming in Pool/Fitness/Yoga/Cross Country

Zone 7: Volleyball/Gaga/Pickleball/Newcomb/Soccer

*These are EXAMPLES only. Activity options in each zone are subject to change and will be finalized closer to opening day.

SAMPLE DAY 1

SAMPLE DAY 2

| | | |
|----|------------------------------|------------------------------------|
| 1. | Sports, Tennis, Trampball | OLS, Fishing, Animal Care, Tennis |
| 2. | Pool, Fitness, Cross Country | Swim, Paddleboard, Canoe |
| 3. | Waterski, Sailing, Canoe | Crafts, Jewelry, Fashion, Painting |
| 4. | Archery, OLS | Climbing, Cooking, Music Studio |

During the summer, our activity schedule will shift based on which phase we are in. Progressing through these phases is contingent upon the results of testing and guidance from the State of Michigan and local health department.

- **Phase 1** - During the first week of camp, campers will attend activities with their cabin group only.
- **Phase 2** - During the second week of camp, campers will attend activity zones within a pod. Each activity zone will offer multiple activities for campers to choose from for that hour. Each pod is made up of two cabins with campers of a similar age.
- **Phase 3** - (4 & 8-week campers only) During the third & beginning of the fourth week of camp, campers will attend elective activities in the morning and activity zones in the afternoon. Campers will choose their elective activities at camp.
- **Phase 4** - (4 & 8-week campers only) During the end of the 4th week of camp, campers will be participating in Olympic Days (1st session) and Color Days (2nd Session) as a campus.

Camper Experience Cont.

WHAT WILL BE DIFFERENT THIS SUMMER?

- Campers and counselors will sit with their cabin group and have assigned seating at meals. Cabins will be at least 10 feet away from another cabin. Greenwoods campers will eat outdoors under a very large covered tent to allow for proper distance between cabins.
- Large camp events will be held only outside with proper distancing.
- Everyone will need to wash their hands a lot. For real.
- Masks will be worn by campers and staff when they are interacting with people outside of their pod.
- A strict “No Visitors” policy means that, with few exceptions, only campers and staff will be on camp property. Tours for prospective campers will not be offered.
- Only food delivery trucks and other essential services (ie: propane, trash pickup) are permitted into camp. Drivers will not have any direct contact with campers or staff and will be required to wear masks and maintain physical distancing while on camp property.
- Families can sign up to send BunkNotes; one-way emails to campers, and also send letters in the mail. We will NOT allow packages of any size for campers. If a camper forgets an essential item, parents should contact camp to make arrangements for the camper to receive the essential item.

Camper Experience Cont.

This summer we will not be offering the following activities:

- Set Design
- Riflery
- Animation/Web Design
- Drama Show (we will have acting classes)
- Instructional Swim

We will still be offering private lessons in tennis, basketball, and golf.

HOW WILL MEALS WORK?

- All campers will eat in their pods and have assigned seating within their cabin group. Pods will be at least 10 feet apart from other pods.
- New large windows have been installed throughout the dining room to increase circulation.
- Lake of the Woods campers will use both the Lake of the Woods and Greenwoods dining room.
- Greenwood's campers will eat outdoors under very large tents
- The Glen and Grove (GG) will use the new addition for dining as well as the regular GG dining room. All extra tables will be removed to create more space
- We will also be enhancing sanitization between every meal
- Kitchen staff will be wearing masks and gloves at all times in the dining room.

WHAT WILL BE THE SAME?

FUN! FRIENDS! ENJOYING THE GREAT OUTDOORS!

And yes! We will have Olympic Days & Color Days that will include track and field, waterfront events, outdoor songfest, burn the rope, and more!

And yes! Greenwoods and The Grove will have basketball leagues within their pods.

And yes! Bryn Mawrs will still have a banquet and show!

And yes! Princeton will still have Princeton Palooza!

And yes! Vassars will still have a Mock Trial!

Resources for Families

Packing Lists

LESS IS MORE this year! Campers should ONLY bring what is necessary.

[Lake of the Woods](#)

[Greenwoods](#)

[The Glen](#)

[The Grove](#)