



SAMPLE SCHEDULE

EARLY RISER ACTIVITY Examples: Fitness in the Studio, Paddle Boarding, Yoga by the lake	7:45AM
WAKE UP	8:30AM
BREAKFAST	8:45AM
MORNING ACTIVITIES*	10:00 - 12:00PM
LUNCH	12:30PM
CANTEEN AND R&R Optional Cabin/Family Photos	1:00 - 2:00PM
AFTERNOON ACTIVITIES*	2:00 - 5:00PM
SPORT OF THE DAY Optional Daily Team Sport - Examples: Softball, Basketball	3:30PM
SNACKS ON THE FRONT LAWN OF BIG HOUSE	3:30PM
ACTIVITY OF THE DAY Optional Daily Activity - Examples: Ultimate Frisbee, Ping Pong Tournament, Sailing Regatta, Go Carting	4:30PM
OPTIONAL COMMUNITY PROGRAMMING Facilitated by the Family Equality Council	5:00PM
DINNER	6:30PM
EVENING PROGRAM Camp wide events such as Campfires, Obstacle Relay, & Top Chef Cook-off	7:30PM
ADULTS SOCIAL Card Games, Board Games, Hors d'oeuvres, & drinks in the Dining Hall	9:00 - Midnight
BABYSITTING & MOVIE in Rec Lodge for 7+ year-olds**	9:00 - Midnight

* Open Activities Include: Waterskiing, Sailing, Canoeing, Paddle boarding, Swimming & playing on the "blob," Windsurfing, Kayaking, Tennis, Archery, Arts & Crafts, Riflery, Rock Climbing & Ropes Course, Horseback Riding, Softball, Basketball, Golf, Fishing, Fitness Classes & More!

**The camp will provide a babysitting service upon request for families who want a babysitter in their cabin for individuals or younger children. A fee of \$12 an hour for 1-3 children and \$14 an hour for 4 or more children is paid directly to the counselor. Please sign up by lunch day the services are needed.